



# Breast Friends Bulletin

Charity No. 1094795  
Tel: 0800 1313 500  
www.breastfriends-solihull.org.uk

Issue No 21

March 2011

*Special thanks to our guest speaker Pat Chan of Hall Green Retired Greyhound Trust*

## Latest News

### ***"Dr" Charlie Ford assists the nurses at his mom's hospital appointment***

Charlie Ford arrived at Spire parkway dressed in his doctors uniform ready to help his mom, Louise, at her appointment. Mr Paterson came to see him and gave him his very own surgeon's hat and mask, so that he could be a "proper" surgeon and help people like his mommy!!



### ***Raffle Prizes***

Could you help by donating some Prizes to our monthly Raffle? If so, just bring along any unwanted presents to our monthly meetings and pass them to our Raffle organiser Sue Hurst. Thank You.

## Latest News

### ***Obituary Janet Shaw Breast Friends Treasurer***



*It is with great sadness that we announce the loss of Janet Shaw, Breast Friends long term Treasurer and friend. Janet is one of the original committee members and worked tirelessly over the years volunteering her time to keep our accounts in order. She trained as a counsellor for the group and regularly represented Breast friends at Solihull Hospital at their Thursday Clinics. Janet had in fact recovered from breast cancer but became ill with an unrelated illness. Our sincere condolences go to her daughter Gemma and son Martin. Janet will be greatly missed and never forgotten by us all at Breast Friends.*

## Events

### ***March 11th Jilabi Indian Restaurant***

2065 Coventry Road, Sheldon, Birmingham – Meet at 7.30pm  
**£10** per person for a starter & main course of your choice. Places left see Chris Pile if you wish to come.

***March 18th  
Afternoon Tea at Hampton Manor***  
Shadowbrook Lane, Hampton-in-Arden, B92 0EN Hampton in Arden  
**£10 members £12.95 Guests**  
Money to be collected tonight please if not already paid.

***March 19<sup>th</sup> - Breast Friends Ball***  
Tickets £50 Celtic theme. Includes 3 course meal, wine, "Rod Stewart" opera singer Richard Lloyd Owen, raffle & grand auction. Contact Lynn Bullock for further details.

***September 3<sup>rd</sup> – Hippodrome Theatre***  
Musical Extravaganza. Tom Chambers (Strictly Come Dancing) in Top Hat! Please add name to list if interested. £35 TBC. See Sue Hurst for more details.

***October 23rd  
An Audience with Pam Ayres***  
at Town Hall. Cost £19. Please note this is on a Sunday and starts at 5pm If interested please add your name to the list or see Sue Hurst.



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## Latest News

### **Breast Friends Buys 4 Chemo Pumps for Solihull & Heartlands Hospital**



Breast Friends are delighted to have been able to fund the purchase of four chemotherapy pumps, two for Heartlands Hospital and two for Spire Parkway. Committee member, Janet Shaw, noticed at one of her appointments that some ladies had to wait their turn in the queue for their chemo treatment. She felt that purchasing the chemo pumps would be a beneficial way to spend some of the Breast Friends Funds in order to effectively serve local women affected by this disease. We were very happy indeed to oblige.

## Latest News

### **The Pancake Crew Raise £500!**

On 22<sup>nd</sup> February 2011, a team of dedicated ladies staged an early Pancake Day event at Balsall Common Village Hall to raise money for Breast Friends Solihull. Sandy Ameer-Beg & a group of her friends had entered the Moonwalk last year to raise money for the "Walk the Walk" breast cancer charity, completely unaware that later on that year one of their group would find herself diagnosed with the disease. After receiving help from Breast Friends, this lovely team of friends decided to raise funds for their local breast cancer charity by holding a pancake & cupcake sale during the half-term week. With plenty of Mums and kids on hand, the team brought their local community together in a very special way, with the Mums in charge of baking pancakes while the kids manned the refreshments stand and a stall selling books and toys. Local chef, Nathan aged 18 made a fabulous train cake and a giant cup cake which were raffled whilst the girls made up over 30 pints of batter

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which they turned into more than 250 pancakes (that's more than 80 pancakes per hour!). The event raised an incredible **£500.53** and a huge thank you must go to Sandy Ameer-Beg, Sally Powell, Barbara Shelley, Lynne Meacham, Helen, Katherine, Theo, Georgia, Danny, Ellen, Jamie, Freya and of course Nathan the chef. This really is a heart-warming and positive story of true friendship – way to go "the Pancake Crew", you should all be very proud.

## Donations

### **Our sincere thanks to the following:**

Jo Thompson, Mrs Helen Schiffmann, S Franklin, Mrs Jovic, House of Fraser, Jo Cape, Penny Conlon, Sharron Case, Chris Bates, Debbie Douglas, Sandy Ameer-Beg & Friends, Charlotte Dalton, Diane Elsegood & Henley Golf Club Ladies Section, Pam Thomas & Copt Heath Golf Club Ladies Section, Andrene Smith & Ladbroke Golf Club Ladies Section, Chelmsley & District Conservative Club, Bev Walmsley, Veronica Pottinger-Morgan, Joanne Copeland, & Alison Pitt.

Your donations are very much appreciated, thank you.



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## Latest News

### **Sponsored Race Nights Dog Racing Stadium, York Road, Hall Green Friday 25th & 26th March**

Thanks to our speaker tonight from the Hall Green division of the Retired Greyhound Trust. Here is an appeal to promote their Spring Fundraising Event. This major event can raise a considerable amount of cash for the Trust and enable them to continue our kennelling & re-homing activities.

A) Do you know anyone who is willing to run in the Human Race on Saturday night 26th March?

It's over 233 metres & we need 6 runners. Fancy dress is optional!

B) Do you have any unwanted bottles of wines/spirits which are always useful as raffle prizes etc.?

C) Do you know a friend, relative, colleague or local business who may wish to sponsor a Trap or Race on either of the sponsored evenings.

Traps are £10.00 and each trap winner receives a bottle of wine. Races are £100.00, and the Sponsor names the race (for entry in the evening Race Card), presents the trophy, & receives Photo. Interested? Contact Simon Gray on 07974-707217.

## Latest News

### **Outrageous Bras Fun Run 2010 Raises over £4,000**

Solihull Rotary presented Breast Friends with a cheque for £3,250 raised in sponsorship from September's "Outrageous Bras" Fun Run.

Added to that, there were individual donations directly paid into Breast Friends account which pushed the total up to well over **£4,000**. An excellent effort by one and all! And what a very enjoyable and uplifting fun day. Thanks as always to Lorraine Ashford.



### **STOP PRESS! The Fun Run Is Now Looks Set to Return in 2011!!**

The Good news is that the Fun Run / Walk now looks very likely to return, by popular demand, in September this year. Further details will follow later in the year.

## Latest News

### **Breast Friends Ladies Who Shop! House of Fraser, Solihull Christmas Shopping Event Proves a Huge Success**

We had a fantastic turnout on Thursday 25<sup>th</sup> November 2010 for our House of Fraser, Christmas Shopping Night. Our ladies were treated to champagne & nibbles in our very own VIP area where Solihull's House of Fraser team pulled out all the stops with some fabulous food & a great choice of drinks to kick-start our evening of Christmas shopping. The girls from Clinique were on hand with lots of beauty tips, House of Fraser's lingerie team offered bra-fitting services and the in-store fashion show gave us lots of outfit options for the festive season.

Everyone who bought a ticket received a beautiful Linea candle and two lucky ticket winners also won fabulous prizes courtesy of House of Fraser, the first prize was a beautiful fragrance hamper & the runner-up received an exquisitely designed Cross pen. All our sincere thanks go to Lennette, Charley & all the team from House of Fraser, Solihull and also to Bethan Lloyd Owen and Lynn Bullock who coordinated the event.



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## Latest News

### **Solihull Students' Marathon to Athens with our 'Breast Friends'**

'A' Level Leisure Studies students at The Sixth Form College recently organised an Olympic themed event called 'Marathon to Athens with Our Breast Friends' as part of their A2 Leisure studies.

The event was organised entirely by the students and took place at the College on Thursday 11<sup>th</sup> November, and they raised a fantastic **£1,367.85** for local charity 'Breast Friends'. Breast Friends comprises a wonderful group of ladies who provide an invaluable support service for women who have breast cancer. The group helps local ladies from the initial diagnosis, when much seems frightening and unknown, all through treatment and recovery.

The money was raised from ticket sales and donations on the night. Funds were also raised via raffle sales and there were a variety of casino games, including a roulette wheel and black-jack table.

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*Students involved were: Samantha Kruger, Jamie Grenfell, Alex Griffin, David Griffith, Jamie Hay, Mark Stannion, Liam Styler and Matt Cornel*



*Maxine White, the students' Leisure Studies teacher, commented: "The event was a huge success and that is down to the hard work of the students. Breast Friends is a very worthwhile charity and it was wonderful to be able to raise so much for them."*

*Breast Friends would like to sincerely thank everyone involved, and comment on the many complementary remarks from those who attended, saying how much they enjoyed the event and what a great job the students did!*

**Top Marks folks! Thank You.**

## Latest News

### **Jane & Brenda's Yummy Chocolate & Cosmetic Party**

Chris Bate's friends, Jane Cook and Brenda Johnstone, have supported Breast Friends over 5 years by holding an annual Avon and Chocolate party. They have raised over **£2000** for our charity during this time. Breast friends Christmas cards, charms and key rings were also on sale during their soirees, as well as cakes, refreshments and a raffle which all helped achieve this fabulous figure. **Our Sincere thanks go to Jane & Brenda for their loyal and continued support.**

## Next Meetings

**Wednesday April 13th 2011**  
**DR DESHPANDE CONSULTANT**  
**HEAD OF HISTAPATHOLOGY,**  
From Walsall Manor Hospital,

**Wednesday May 11<sup>th</sup> 2011**  
**ANNUAL GENERAL MEETING**  
Cheese & Wine Social Evening. Sale of Italian handbags and jewellery by Tina Iacovelli.

**Wednesday June 8<sup>th</sup> 2011**  
**DR M S ANWAR,**  
**CLINICAL ONCOLOGIST**  
Queen Elizabeth Hospital, Birmingham



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## **Breast Friends Treasurer**

We urgently need someone to commit to this important position on the Breast friends Committee. Do you think you could take on this role or do you know someone suitable?

Please contact Breast Friends Co-Chairladies Claire Hicks or Lynn Bullock.

## **Apologies**

To our members for not being able to produce our monthly Bulletin over the last 4 months. This has been due to a major technical hitch with the computer, ...not to put too fine a point on it, it crashed and burned!! Hence, the rather larger nature of this Bulletin!

## **Christmas Party 2010**

### **Abba Tribute Night**



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For up to date information and discussion

Go to  
**Breast Friends Solihull Group**  
Or add this address to your Favourites

[www.facebook.com/group.php?gid=108215625896005](http://www.facebook.com/group.php?gid=108215625896005)