



Breast Friends Bulletin

Charity No. 1094795
Tel: 0800 1313 500
www.breastfriends-solihull.org.uk

Issue No. 19

September 2010

Special Thanks to Tonight's Guest Speaker, Robin Paijmans, Clinical Psychologist in Cancer Care

LATEST NEWS

Breast Friends Enjoy an Evening Cruise on the Avon!

Champagne on the banks of the Avon in Stratford kicked off an evening of fine dining aboard the Countess of Evesham over the August bank holiday weekend.



Rita, Denise, Bob & Alan enjoying a glass of pink champagne!

Our 3-hour cruise took us along the Avon from Stratford as far as Luddington, taking in some lovely scenery along the way whilst enjoying a delicious three-course meal & for some of us, several glasses of wine!



Gill Edkins & "hubby"

Special thanks to Lorraine Ashford for all her hard work in organising this event.

LATEST NEWS

Last Walk 'n' Talk of 2010!

You are all welcome to join our final Walk 'n' Talk of the year on Wednesday 15th September for a canal walk around Dickens Heath. We will meet outside Mortons Kitchen, Bar & Deli at 6.20pm for a 6.30pm start. Pick up a route map & details at tonight's meeting. We must take this opportunity in thanking Anne Wilson-Ramsay for her expert organisation of our Walk 'n' Talk programme. Excellent work Anne, thank you!

In Our Thoughts

We were very saddened to learn of the passing of Brendan Kenny, whose wife Liz is a founder committee member of Breast Friends. All our thoughts & condolences are with Liz & her family at this difficult time. Our sincere thanks go to Liz, family & friends for their most kind donations to our charity in memory of Brendan.

Donations

All our thanks to the following for their most generous donations:

- Mike Smith
- Hana Grove
- Anne Wilson-Ramsay
- David & Shirley Woolner
- Kitty Cosgrove
- Family & friends of the late Brendan Kenny

LATEST NEWS

Dates for Your Diary

19/09/10 : Breast Friends Fun Run
26/09/10 : Fun in the Park (Tudor Grange)
11/10/10 : Champagne Brunch: Selfridges
23/10/10 : Vaughans – Live Band & Disco
03/11/10 : Hairspray: Hippodrome Theatre
25/11/10 : House of Fraser VIP Shopping
17/12/10 : Christmas Party: Abba Tribute

Breast Friends Fun Run – 19/09/10

Outrageous Bra's at the ready, it's nearly time! Please make sure you return your entry forms by 15th September 2010. Further details from Lorraine Ashford on 0121-705-1942. You can download entry forms from our website shown above.



If anyone is kind enough to help on the day (helping to man the Breast Friends stand etc) please contact Lorraine on 0121-705-1942. Thank you.

Fun in the Park – 26/09/10

Please support Breast Friends in the grand finale event to Solihull Festival from 11.00am until 5.00pm. The event is a real community/family day out at Tudor Grange Park where there will be lots of stalls, rides for the children, classic cars, and of course a central arena with lots of local acts. Monies raised will be donated to local charities including MacMillan. Please let us know if you can help man a stand on the day!



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LATEST NEWS

Dates for Your Diary

Champagne Brunch – 11/10/10 12 noon until 3.30pm

For the second year running, Breast Friends is delighted to be hosting a Champagne Brunch at Selfridges in Birmingham. Tickets are likely to be extremely limited so please be sure to secure your place by contacting Lynn Bullock asap on 0121-704-0874 or via e-mail lynn.bullock@spirehealthcare.com. Priced at £30 per head, ticket price includes a champagne reception & afternoon tea, together with various demonstrations courtesy of Selfridges. All proceeds will go to Breast Friends.

Hairspray – Birmingham Hippodrome Wednesday 03/11/10

If you have reserved your place for the above theatre trip, can you please ensure payment is made at the very earliest opportunity to either Chris Pile or Sue Hurst. Thank you.

Tea at the Ritz

Tea at the Ritz has been provisionally postponed until March 2011. Price is £39 per person. Please add your name to the list at our monthly meetings if you definitely intend to go. More details to follow.

LATEST NEWS

Vaughans Fundraiser – 23/10/10

Debbie Douglas is organising a fundraiser on Saturday October 23rd at Vaughan's private members club, Stratford Road in Hall Green. Headlining will be a 5-piece band from Leeds called The Radicals who will be playing music from the 60s to the present day. Tickets are £5.00 and can be purchased by contacting Debbie on 07801-179359. The evening starts at 8.00pm until 1.00am. Safe parking for Vaughan's is available via the entrance in Petersfield Road. The Band volunteered their services after reading about our Sydney Harbour bridge climb, the lead guitarist Willie Milne is a friend of Debbie's after they met when Debbie & her husband did their Route 66 motorbike tour in 2005. All proceeds will go to Breast Friends. Debbie would be grateful for any raffle prize donations as these really boost our fund raising, Look forward to seeing you there!!

Sue Wheeler joined BBC WM's Joanne Malin on air on Friday 3rd September to talk about her book charting her breast cancer journey. Well done Sue!



LATEST NEWS

House of Fraser – Solihull Exclusive VIP Christmas Shopping Night for Breast Friends – 25/11/10

We are delighted to join with House of Fraser of Solihull (formerly Beatties) to offer to members, family & friends the opportunity for an exclusive Christmas shopping evening, to include champagne & nibbles in a VIP area, various demonstrations in-store, goodie-bags, discounted shopping & much more. Ticket prices are £12 with proceeds to Breast Friends. Please see the attached poster for more information. Contact Lynn Bullock on 0121-704-0874 or lynn.bullock@spirehealthcare.com.

Have you Joined Facebook Yet?

Keep up-to-date with all the latest information from Breast Friends via our interactive Facebook page. You can access information, view & upload photographs & share your thoughts with other members. If you are already a Facebook member, search from your Home screen for "**Breast Friends Solihull – Group**" or contact Lynn Bullock on 0121-704-0874 for further assistance.

NEXT MEETINGS

13th October: Mr I S Paterson, Consultant Breast Surgeon

10th November: Lymphodema Care

17th December: Christmas Party at the Holiday Inn, Coventry Road – Abba Tribute Band Party Night!